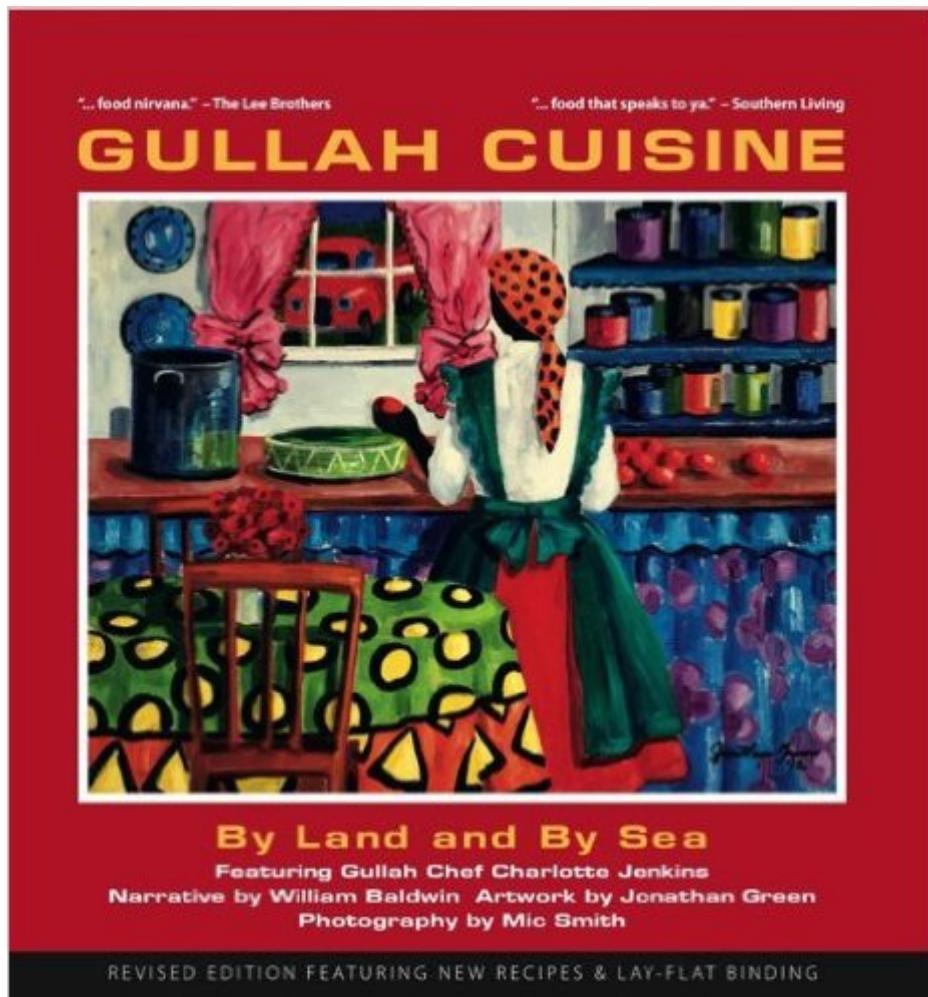


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# Gullah Cuisine: By Land And By Sea



## Synopsis

\*REVISED EDITION FEATURING NEW RECIPES & LAY-FLAT BINDING\* Take a journey with Chef Charlotte Jenkins into her creative kitchen, and also into her life. Charlotte and her husband Frank grew up Gullah at a time when the Old Ways were giving way to the New Ways. They are of the generation that bridged those two worlds. In many ways, they have lived the American dream, rising up from humble origins to build a nationally recognized Gullah restaurant where today they would regard being interviewed by Southern Living, Gourmet Magazine, The New York Times, et al, as all in a day's work. Charlotte learned to cook Gullah the way her mama, her grandmamma and all the mamas that have come before her - by working alongside one another. But she also trained at Johnson & Wales Culinary Institute in Charleston where she adapted the traditional recipes to be more healthful. In 1997, she and her husband Frank opened Gullah Cuisine in Mount Pleasant, South Carolina. They are now widely acknowledged as offering the best of authentic Gullah cooking. Gullah Cuisine: By Land and By Sea brings Charlotte's wonderful recipes to you. But it does more than that - the book is a tale of connection, sharing a world the Gullah built. It features a narrative by critically acclaimed author William P. Baldwin, photographs by Pulitzer-prize-nominee Mic Smith and art by beloved Gullah painter Jonathan Green. Pat Conroy describes the Gullah people depicted in Jonathan Green's world as looking like "they got dressed while staring at rainbows." Recipes to tickle your tongue, stories to feed your soul and pictures to delight your eyes. Enjoy! Chef Charlotte Jenkins Narration by William P. Baldwin Artwork by Jonathan Green Photography by Mic Smith

## Book Information

Paperback: 161 pages

Publisher: Evening Post Books; 2nd edition (November 17, 2012)

Language: English

ISBN-10: 1929647042

ISBN-13: 978-1929647040

Product Dimensions: 8.9 x 8.4 x 0.4 inches

Shipping Weight: 6.4 pounds

Average Customer Review: 4.0 out of 5 stars [See all reviews](#) (4 customer reviews)

Best Sellers Rank: #1,182,225 in Books (See Top 100 in Books) #129 in Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > Soul Food #6302 in Books > Politics & Social Sciences > Social Sciences > Specific Demographics > African-American Studies #8667

## Customer Reviews

More than just a cookbook, a wonderful introduction to Gullah culture and cooking. The first third of the book is made up of short articles on different aspects of life in the Low Country. Many of the illustrations are colorful paintings by Jonathan Greene, the famous artist born and raised in Beaufort, SC. The rest is recipes. To be fair, it's not a big book for the money, but I look forward to eating my way through it, dish by dish. I bought a copy for my wife as a surprise, and my mother liked it so much that she ordered two more for my sisters.

An excellent book on both Gullah Cuisine and the Gullah culture. Living in Charleston, SC I am familiar with both the author, Charlotte Jenkins and the Gullah Cuisine Restaurant. Both have a great reputation in the low country. The recipes are authentic and are comparable with the food I have eaten with my neighbor who is a Gullah gentleman from Edisto Island.

I have this cookbook sitting out on my kitchen counter because I love looking at the cover. I've only tried a few recipes so far, but I have not been disappointed!

I was very disappointed in thhis book. I was expecting more recipes and larger pictures. I also thought I was buying a used bookthat was a binder.

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